



WOOD'S HOMES
WORKING FOR CHILDREN'S MENTAL HEALTH
SINCE 1914

REPORT TO THE COMMUNITY

2021 - 2022

With deep gratitude...

**We dedicate this Report to our staff and volunteers
who show us how to NEVER GIVE UP every day!**

April 1, 2021 to March 31, 2022



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** Client names have been changed throughout
this report to protect their identity.*

WELCOME TO OUR REPORT TO THE COMMUNITY

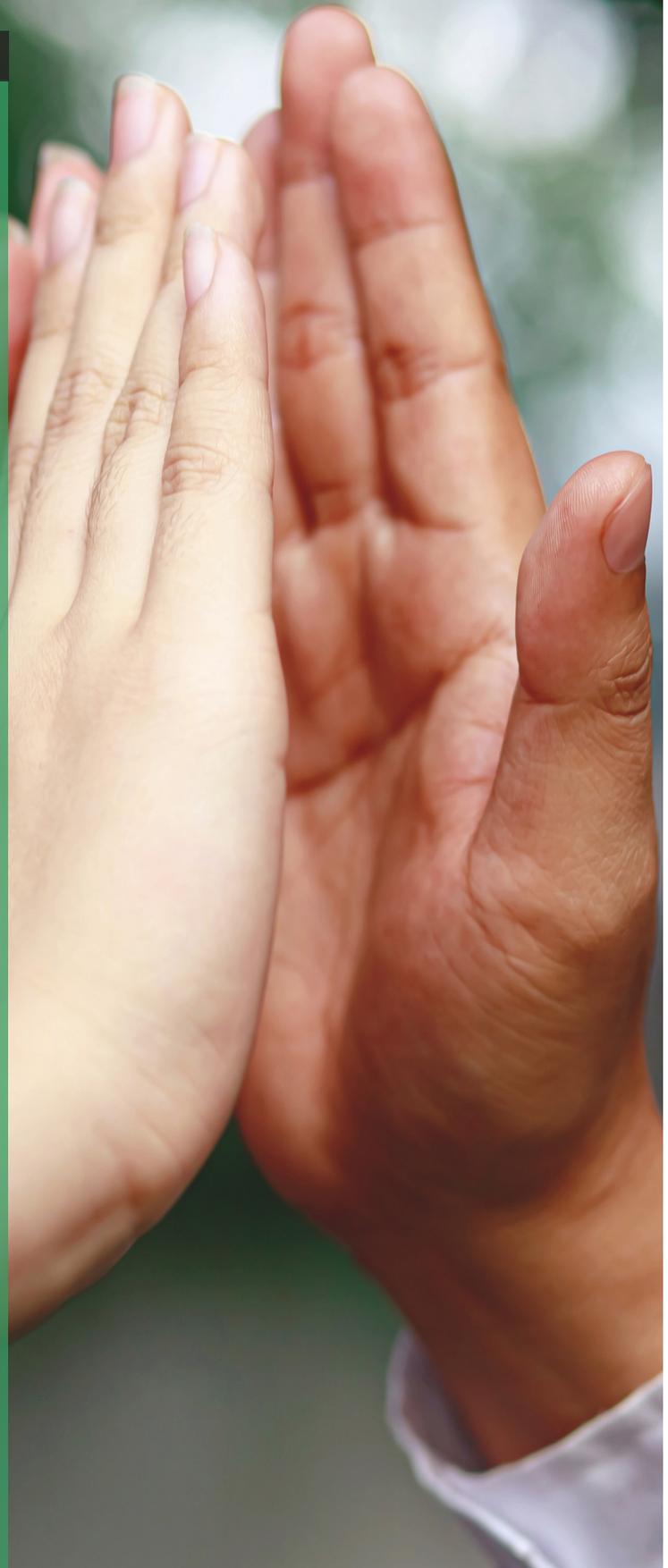
Wood's Homes believes its strength is in its people – the 500+ staff who show up every day and night to help vulnerable children, youth and families with their mental health needs...

...Despite a global pandemic!

This report is dedicated to our employees and features some of the kind words they share with each other in something that we call High Five's!

Here's one:

“Despite being short-staffed in our COVID outbreaks, Lynne has been a calm and steady presence. This has had a great effect on the little ones we work with. I hope this high-five shows her how much we appreciate her, especially as a new staff.”





Thank you for keeping your kindness and compassion through a **very difficult year...**



As a leader, you have gone out of your way to support your staff with strength, compassion, and even humour!



MESSAGE FROM THE CEO

There is no doubt this is a time of growth and change for us. Having said that, some things at Wood's Homes will forever remain the same. We have been here for more than a Century and will continue to be here to help vulnerable people with their mental health needs.



BJORN JOHANSSON **CHIEF EXECUTIVE OFFICER**

I see sunshine, longer days and new growth as Mother Nature's yearly reward following our long, cold winters. This year it seems that much more rewarding as we find ourselves coming out of a global pandemic.

These past two years have been a challenge, but it's also been a time for me to witness first-hand the incredible work of our staff. Their loyalty, caring and professionalism in helping vulnerable children, youth and families ensured that no client was left behind.

So as the CEO, it is my great privilege to dedicate this Report to the Community to the 500+ staff and 100 volunteers at this agency. I remain grateful for all those staff who arrive here day and night - each freely giving of their own heart. They clearly illustrate the true definition of Never Give Up! And this is a gift.

When I speak of rewards, I am reminded of the many ways our staff have been gifted with continuous learnings about Indigenous culture by our Indigenous clients and staff. It is a remarkable thing to witness when people come together to participate in ceremony and to gain knowledge. Last September 30 provided wonderful opportunity to gather in person while recognizing National Day of Truth and Reconciliation.

And when I speak of growth, I am excited to announce the expansion of our services into northern Alberta. Wood's Homes soon will be providing Therapeutic Foster Care programs - which we will call 'Home Fire Keepers' - in Cold Lake, Lac La Biche, Grande Prairie and Fort McMurray. We look forward to getting to know these communities a little more and in supporting their foster care needs. Therapeutic Foster Care will also be provided in Calgary.

COVID restrictions started to lift in the spring, so we were excited to begin hosting in-person events once again. In April, we hosted the official Grand Opening of our Youth Culinary Arts Program Market and I thank the 100+ guests who joined us, including Calgary Mayor Joyti Gondek.

As I write this, we look forward to hosting our 35th Annual Stampede Breakfast again in July, as well as our 25th Annual Never Give Up Gala this fall.

There is no doubt this is a time of growth and change for us. Having said that, some things at Wood's Homes will forever remain the same. We have been here for more than a Century and will continue to be here to help vulnerable people with their mental health needs.

A handwritten signature in black ink, consisting of a stylized 'B' followed by a long horizontal line that curves upwards at the end.

BJORN JOHANSSON
CHIEF EXECUTIVE OFFICER

MESSAGE FROM THE WOOD'S HOMES BOARD CHAIR



In my time here I have witnessed the tireless efforts of so many loyal staff who made sure no one was left behind in the global pandemic.



DAVID ARTHUR BOARD CHAIR

I write this message with a tinge of sadness as it is my last as Chair of the Wood's Homes and Wood's Homes Society Boards. I have been a Board member at this organization since 2009 and it has been a remarkable journey, one that I will continue as a Board member.

In my time here I have witnessed many times of success including senior leadership transition and the tireless efforts of the staff here who made sure no one was left behind because of the pandemic. But when you are in the business of helping people, unfortunately there are challenges and tragedies as well. And today as we slowly wind our way out of COVID-19, we find ourselves amid another pandemic – a mental health crisis.

COVID has dramatically changed the lives of families across our province and left many adults feeling stressed, anxious, and struggling to cope. It has also put the mental health of our youngest and most vulnerable at risk. Never has there been such a crucial time to think about how we, as a society and community, choose to care for the people around us struggling with mental health.

The consequences for children and their families who do not receive adequate and appropriate mental health services affect us all. Failing to meet children's mental health needs carries a heavy burden that can last throughout a child's lifetime. It is vital that our provincial and local authorities, health services, schools, and community services work together to offer children, young people, and families the effective interventions where they need them, when they need them in a way that they find helpful.

Community resources like Wood's Homes are needed now more than ever to ensure that our mental health support systems are responsive. There is no doubt that these are trying times: Supporting and investing in the mental health of children and youth is an investment in our future sustainability, cohesiveness, and prosperity and it has never been more vital.

I am proud to have helped this organization over these last 13 years and would like to thank my fellow board members for their support and guidance. I look forward to the many years ahead as part of the Wood's Homes family.

**DAVID ARTHUR
BOARD CHAIR**

Native teachings are

Our Journey Our Learning

Wood's Homes employs a large group of professional Indigenous staff. Approximately 40% of clients in our live-in treatment programs are Indigenous and 60% of the children in our foster care are Indigenous.

We acknowledge this diverse community and recognize the many complexities that exist when working with Indigenous children and families.

THE MANY WAYS WE REACH OUT TO OUR INDIGENOUS CLIENTS



- Drumming, singing and cooking
- Wellness and family-centred care
- Sharing circles and cultural camps
- Fire-keeping, storytelling and smudging
- Tipi teachings and Elder teachings
- Rites of passage

Many territories have systems and structures for living in balance with nature. Being curious and asking questions about the territory, nation family and how they practise their culture gives us insight into relational concepts of healing.



THE SWEAT LODGE PROVIDES OPPORTUNITIES TO SUPPORT OUR COMMUNITY





CONNECTION OPPORTUNITIES

We are proud to walk alongside our Elders, Knowledge Keepers, children and families, as we, with one heart, take another step in our shared journey towards truth and reconciliation.

This past year was filled with many opportunities for connection despite the challenges of the pandemic.

- COVID prevented us from gathering for our annual Spring Feast, so instead we poured our energy into building new relationships with Elders and members of the Indigenous community.

- During this time, the unmarked graves of 215 children were discovered at the former Residential School in Kamloops, B.C. We were able to join with the University of Calgary and host Elders from the community to lift pipes for these found children. Elders came into our painted tipi and smoked their pipes and we took a spirit plate for those children and feasted. Many people were emotional, as we took time to reflect and come together.

- We recognize National Truth and Reconciliation Day on September 30 as a day to actively engage all of our staff in reflection, unlearning and decolonizing actions.





Tye is very supportive of my professional learning journey as well as my cultural walk. Every day is a joy to come to work. I am grateful for Tye's ability to create a culturally safe environment for an Indigenous person.

Thank you!



I am very proud of our foster families for supporting our clients with conversations about the children found in unmarked graves.

- Program Supervisor

Seven Sacred Teachings

Currently, more than 60% of the young people in our foster care are Indigenous. This makes teaching Indigenous culture an important component of the service. Our foster parents are doing a remarkable job in helping these young people stay connected to their culture, and to continue their learnings about Indigenous ways.

Over the past few months, and during the global pandemic, the 7 Sacred Teachings (see below) was a strong focus. The children and families attended several virtual groups that shared learnings about Indigenous values, reviewing the lessons step by step before venturing onto the next. Role-playing was a part of the teachings that saw children as young as six coming up with ways to show humility.

7 Sacred Teachings is honouring spiritual law. Each animal offers a special gift and understanding of how we as people should live our lives.

- Humility – the wolf**
- Love – the eagle**
- Courage – the bear**
- Wisdom – the beaver**
- Respect – the bison**
- Truth – the turtle**
- Honesty – bigfoot**

Wood's Homes provides one of Alberta's largest foster care networks and at the time of this writing looks forward to offering Therapeutic Foster Care services in Calgary and in the northern regions of the province in October, 2022.



The young people in our Foster Care program offered gifts for those children found in unmarked graves.

If you are interested in becoming a foster parent, please call us at 587-349-0186.

INGLEWOOD OPPORTUNITY HUB



Wood's Homes offers a variety of services for multi-barriered youth at our Inglewood Opportunity Hub in Calgary. Located at 1008 14 Street S.E., the Hub includes programs to support young people (ages 12-29) with their mental and physical health, addictions, housing needs and employment training. This combination of services available under one roof, removes the barriers of having to navigate complicated systems in different locations.

The building includes 11 subsidized apartment units. This is a Housing First initiative, in partnership with Horizon Housing, that provides young people with basic needs navigation, skills development and mental health support.

[Inglewood Opportunity Hub](#) or visit woodshomes.ca

600+ youth accessed our Warming Centre

Calgarians endured -20C for six consecutive weeks, but the City of Calgary responded to the call to support those experiencing homelessness. Emergency funds were provided to offer temporary shelter in January, February and March.

Our Inglewood Opportunity Hub was honoured to be part of the Winter Response with the launch of a Warming Centre.

During the three months:

- Centre was accessed 607 times
- 312 hot meals were provided
- 295 bagged lunches distributed



Calgary Mayor Jyoti Gondek chats with a client at the opening of the YCAP Market.

YOUTH CULINARY ARTS PROGRAM MARKET

Wood's Homes launched its first Social Enterprise this past year with the opening of the Youth Culinary Arts Program Market located inside our Inglewood Opportunity Hub (see page at left).

The Market employs multi-barriered youth enrolled in the culinary program and features the homemade quality food the students have learned to cook and prepare under the guidance of a Red Seal chef.

Participants in the 6-week program, learn important life and job skills including accountability and customer service.

We thank the community for its empowering support.

We invite you to experience the Market, empower our youth and share our story! The Market's menu and hours are available here or by visiting woodshomes.ca/ycapmarket

The Market is located at 1008 14 Ave. SE.

Call 403-774-1698.

Follow us on Instagram @ycapmarket

EXPLORE PROGRAM SUCCESS STORY

by Garry Lehmann, School Support Counsellor

When students who struggle in a regular classroom setting receive one-on-one daily support their chances for educational success soar: Enter our EXPLORE classroom!

In partnership with the Calgary Board of Education, the EXPLORE team includes seven Wood's Homes School Support Counsellors and a teacher. The counsellors and teacher work closely together to develop a student's learning path. Personal daily programming supports students to thrive independently at home, in the community and eventually in the workplace.

Curriculum and instructional modifications are based on each student's strengths and needs with a focus on beyond the classroom and community-based experiences. In addition, the student's personalized program offers pre-vocational and vocational (work) opportunities. Students learn time-management, self-advocacy, community involvement and recreation.

Is it readiness? Timing in life? Is that what it takes to work through childhood trauma and emotional adversity? These are the questions that baffle us as frontline workers when we encounter young people with a variety of historical issues.

MEET KYLE

Kyle, the young man with whom I am currently working, is engaging every day and repeatedly showing us that he wants to create meaningful change in his life. Whatever the reason, Kyle has proven that he has what it takes to undo the past in the hope for a bright future.

He will turn 18 at the end of this year – a fact that has opened the door to in-depth conversations about where the road will take him beyond Wood's Homes. He has decided that his future will centre on the trades.

Kyle loves to weld and he is working towards attending the Pre-Apprenticeship Welding course at Southern Alberta Institute of Technology. He and I toured SAIT together before collaborating with his case worker, who confirmed Kyle would be eligible for financial support.



**He is ready, he is persevering,
and his time is now.**



Gaining this clarity and insight into his potential future has forever changed his trajectory. He has even taken initiative to earn extra credits through horticulture.

When taking a good hard look at a client who has been with us for years and has historically displayed resistant behaviour, it is a privilege to see hope come to life before our very eyes.

Words cannot express how proud we are of our young man who is making use of the Explore Program exactly the way in which it was intended.

YOUTH GET HELP NAVIGATING WORLD OF EMPLOYMENT

*What if I actually get an **interview**?*

Our Inglewood Opportunity Hub is home to a program called LEAD (Linking Employment, Abilities and Development).

This program helps multi-barriered young people (ages 15-29) find their way around the world of employment - which can be difficult for youth managing mental health challenges.

Sierra is a good example of this. She battles anxiety, depression and a lack of self-worth/esteem. She also has no supports – no family to help her find a path to a better and purposeful life.

She came to our LEAD program looking for help. Motivation was not the issue. Staff helped Sierra build a resume that focused on her skills rather than work experience since she had never held a job. This process provided some good self-reflection for Sierra, who discovered she had many skills- she was intelligent, organized and customer-friendly.

“What if I actually get an interview now?” she asked nervously, after some role-playing with staff.



IN THE PAST 12 MONTHS:

- The Inglewood Opportunity Hub served 900 individuals
- The LEAD program served 152 young people
- More than 40 young people came through YCAP

”
***I guess believing
 in myself
 paid off.***

Armed with a new set of clothes, she took charge of her job search and thought of a coffee shop she often frequented. She thought this would be the ideal place to work and she was determined to apply even though there were no posted openings.

The owner asked her to come in for an interview. Excitement was starting to build but so did the anxiety and self-doubt.

Learning how to manage these emotions was important especially when Sierra did not get the job.

Enter disappointment, a feeling of being defeated, insecurity and increased anxiety. Staff quickly moved in going to work on helping her stay positive.

Down but not out, she found work elsewhere and was ready to make a new start. Lessons here were about resilience, how to deal with disappointment and to keep going.

A few weeks later, the call came: The coffee shop now had an opening.

As a longtime staff at Wood's Homes, I still revel in the joy of hearing a young person who has found hope and promise. It points to the need for more of these services in the community as so many young people facing multiple barriers struggle to find their place in the world.

- by John Wynne, Youth Employment Counsellor

**Kara always does an amazing
young clients first feel safe**

She is a role model for all of



ng job of making sure our
and then very supported.

f us.



DISTRESS CALLS ARE AT AN ALL-TIME HIGH

Calls to our [Eastside Community Mental Health Services line](#) from people who are distressed are at an all-time high with more than 70 callers a day with suicidal thoughts or parents who are dealing with traumatized children.

Eastside offers immediate, no-cost, mental health support from an integrated ethno-cultural team that provides services in 12 languages.

Our team of counsellors, psychiatrists, psychologists, social workers and family therapists help clients develop plans to support good mental health and improve relationships.

Both immediate counselling and therapy are available to meet the needs of families, couples, youth and individuals.

If you know someone who needs help with their mental health, please share these numbers:

Call: 403-299-9699

Text: 587-315-5000

Sometimes families are calling in because their young person has talked to them about suicide, and that is a really scary thing for a parent and a caregiver.

NAVIGATION SUPPORT

The counselling team explores the best services at Wood's Homes and other agencies within Calgary for youth and families in the middle of a crisis

MOBILE-FAMILY CRISIS SUPPORT

Mediated support for families provided by the counselling team

SINGLE-SESSION THERAPY

Family, couple and individual single session therapy is provided by a multi-disciplinary team including consulting

E-THERAPY

Clients ages 18+ are able to access mental health therapy support via email at etherapy@woodshomes.ca.

PARTNERSHIP WITH CALGARY PUBLIC LIBRARY

Wood's Homes provides no-charge walk-in mental health support at the Central, Crowfoot and Seton libraries in Calgary.

[Find more information or hours here](#), or visit the crisis and counselling services page on our site at woodshomes.ca



OUR PRIVATE COUNSELLING SERVICES ANSWER THE NEED

Elbow Springs Counselling was created in response to numerous requests from the community for longer-term therapy and quicker mental health assessments.

Located in Calgary's Mission district, it provides support to children, adults, couples, individuals and families. Therapists are ready to help with a variety of different issues such as anxiety, depression, family conflict and difficult child behaviour.

Visit the Elbow Springs Counselling website to book an appointment, or go to elbowspringscounselling.ca

You are also welcome to call **403-454-0166**.

THE NEW LIGHTHOUSE PROGRAM

A BEACON OF HOPE AND A LIGHT TO GUIDE

Wood's Homes offers a roster of Therapeutic Community Care programs throughout Calgary, and in the fall of 2021 launched a service in Calgary's Beltline called Lighthouse.

Lighthouse works with clients who have:

- Complicated mental health needs
- Often experienced several placement breakdowns
- Intellectual disabilities
- Need specialized supports to prepare them for adulthood

A team of professionals provides a highly resourced, customized live-in treatment program that works with a number of other community-based services to ensure every client's individual needs are met.

Lighthouse has a higher ratio of staff to support the clients (ages 12-17) who come with referral. This higher ratio allows for valuable and one-on-one support. As an example, staff will accompany clients should they require hospitalization to maintain continuity of care and familiarity.



A friendly, welcoming and safe environment awaits clients at the Lighthouse program, inside this home in Calgary's Beltline community.

WE ARE COMMITTED TO: BE EXCEPTIONAL ABOUT SAFETY

As an organization that works to help vulnerable people (like all social service agencies) Wood's Homes is fully aware there are risks to safety for our staff, clients and volunteers. Safety remains a top priority here and we work hard to take all possible measures to improve our policies, practices and procedures.

Over the past year, we have continued to further develop and improve our Health and Safety Management System and this has resulted in measured progress.



We are pleased to report an increase in capacity in all areas and there has been considerable work completed in strengthening skills. All staff know they have an individual responsibility to help make this organization a safe place to work.

We have revised Hazard Assessments, controls and training and our Joint and Site Safety Committees are commended for their work. Our safety culture is growing with increased participation of staff at all levels. This work is now showing benefits and advancing our overall safety culture.

Wood's Homes recognizes the continued contribution of CUPE Local 4731 in the renewal of our endeavours together. The participation of our employees and the support of the union is critical to our success.

We are preparing for an external audit next year by the Alberta Association of Safety Partnerships in order to earn a Certificate of Recognition. Our intention is to meet and exceed rigorous standards within our Health and Safety Systems.

YOUNG PEOPLE IN LETHBRIDGE GET HELP NAVIGATING A COMPLEX WORLD

In the last 12 months, more than 100 young people, struggling with multiple barriers, found help through a program we call [Youth Support Navigator](#).

The RBC Foundation helps support this service, which connects struggling youth with the right people, the right services at the right time. Our navigators provide direct and consistent support for individuals (ages 12-24) by first identifying their immediate barriers as they relate to housing, health, finding work and overall wellbeing.

Wood's Homes has made more than 500 referrals to date, providing access to services that provide connections.

Young people tell us that fear, lack of confidence and anxiety are barriers to finding help. They shy away from having to approach people, they don't like having to tell their 'story' over and over again and they stumble with the required paperwork. Our navigators make getting help and referrals easier by walking through these processes with them. They feel grateful that someone is taking time to help them because they are worth it.

Wood's Homes has developed an outreach program that sees staff visit schools once a week over the lunch hour. Youth can ask questions and get advice and referrals in the moment.

HOW TO GET IN TOUCH

Call [403-317-1777](tel:403-317-1777)
or text [403-308-0493](tel:403-308-0493)



Youth need information and access to services to gain the life skills, confidence and experience they need to become healthy, independent adults.

The RBC Foundation recognizes these challenges and has partnered with Wood's Homes to support our Youth Support Navigator program. This partnership provides youth with individual supports that otherwise would not be available.

Thank you RBC Foundation!

OUR SERVICES IN LETHBRIDGE & REGION

Wood's Homes has proudly been serving Lethbridge and surrounding area for over 20 years.

We call our services for young people (ages 12-18) Youth Connections - The **CORE**:

C = Crisis services include emergency shelter beds, basic needs, walk-in support, and professional counselling on site

O = Outreach support for young people to reconnect with family and school or to establish Housing First supports

R = Resources and referrals to help youth and families create fresh solutions to find their way

E = Engage, encourage, and empower – with a Never Give Up response

312 3rd Street S.
Lethbridge, AB
403-317-1777



THE POWER OF COMMUNITY-BASED SERVICES



Wood's Homes has provided programs for young people with complicated mental health challenges in a partnership with Alberta Health Services for several years. Hundreds of youth (ages 12-17) are served in these programs (listed at right) every year.

Providing these programs directly in the community, as opposed to in hospital or other acute care centres has many benefits. These include:

Cost efficiency:

- Every \$1 spent on publicly funded psychological services would save \$2 for the health care system. Higher costs are related to hospitalization, police response and incarceration
- Appropriate community supports can help keep institutional stays as brief as possible to serve immediate higher intensity client needs

Accessibility:

- Providing services within the community does not require clients to be isolated from their home and/or family
- Greater opportunity for longer-term relationships between workers and individuals; increases rapport and provides valuable benefits
- Less stigma/burden

Individualized Care:

- Adaptability to a client or family's needs
- Networks of community services can provide different types/combinations of care to support continuity
- Community based programs assist in recovery



References:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1489876/>
www.ontario.cmha.ca
www.mentalhealthcommission.ca
https://cpa.ca/docs/File/Practice/roi_mental_health_report_en.pdf

SAFER LANDINGS FOR OUR YOUTH

ACUTE@HOME

300 Clients are referred to this program by Alberta Children's Hospital Emergency Department following a mental health assessment at the ACH. The program supports families to prevent further escalation and to establish stability. Staff work with the family to help mitigate further visits to the hospital. 300 clients were served.

OUR COMMUNITY PSYCHIATRIC UNIT

230 For adolescents and their families who are experiencing significant issues that can't be managed on an outpatient basis. CPU focuses on stabilization. In-home family support, follow-up after discharge, 24/7 crisis services are available. This program helped almost 230 young people.

EXCEPTIONAL NEEDS PROGRAM (ENP)

101 This program is a family-centred, intensive, 30-day service that helps mitigate hospital admission. ENP provides a stable bridge from the hospital back to the family home. ENP served 101 clients and its aftercare support service worked with about 75 clients.

COMMUNITY STABILIZATION

90 Provides a safe place for those experiencing homelessness, family crisis, placement breakdown or who need temporary housing. This program offers 24/7 therapeutic crisis services for youth (ages 12-17) . It is a reprieve – a place to examine previous behaviours, attitudes and coping strategies. More than 90 young people were served in this program.

YOUTH COMMUNITY SUPPORT PROGRAM

35 YCSP fills a gap in services for a specific group of young people (ages 13-17) who have complex mental health diagnoses and who are continuously accessing hospital services. More than 35 youth were served in this program. The goal here is to make a successful transition for the youth back to the community.

Client count period - April 21, 2021 to March 31, 2022



At Wood's Homes Foundation, we get to share powerful stories from our clients.



BRYAN GOEHRINGER

Director of Philanthropy & Community,
Wood's Homes Foundation

Since 2001, the Foundation has worked with the community to raise more than \$40M towards capital projects, new programs and in support of the critical work of our 500+ staff across Alberta.

None of these initiatives would be possible without the generosity and care of individuals, corporate partners, family foundations and our gala attendees.

Speaking of our gala, 2022 marks the 25th Anniversary of our Never Give Up Gala and we cannot wait to celebrate the silver anniversary with you!

The last several years have been difficult for so many. Most of us can think of someone who has suffered loss since the onset of the pandemic. As our communities open and travel restrictions lift, we seek to recover what was lost in the previous years. There is a lot of work to do – especially for our children and families.



My name is Bryan Goehringer and I consider it a profound privilege to be the new Director of Philanthropy and Community and leading the passionate team at Wood's Homes Foundation. The foundation serves to resource the staff and the children in our care, along with the thousands of Alberta families who access our services each year.



As we recover as a community, it is important that we leave no one, especially children, behind. I want to invite you to come for a tour, to see the work we are doing and join us in giving generously to Wood's Homes.

Bryan Goehringer



WOOD'S HOMES
FOUNDATION

2021/22

WITHOUT WOOD'S, I
WOULD BE
DEAD OR IN JAIL

THEY GAVE ME A VOICE

LIFE IS LESS CHAOTIC

This used to Be
my Bedroom. At
woods it is a
Safe place to talk
about feeling, talk
about what happi
end in the past,
and Hord things,
and You are
not Hear Becau
you Have Been
a Bad boy^{or girl} you
are hear to get
Your Heart healed
from Justin



”

Upon entering the workplace, Chris brings **light and love** to all those he comes in contact with.

Chris is **inclusive towards everyone**, both staff and clients.



” **Connection is Chris’ strength** and that is what makes him such a valued member, of not only the school, but Wood’s itself.

Way to go, Chris!

DR. ANGELIQUE JENNEY RESEARCH CHAIR

This past year, Wood's Homes celebrated the completion of the first five years of the Wood's Homes Research Chair in Children's Mental Health (a partnership with the University of Calgary).

Angelique Jenney, who holds the Chair position reported her progress to donors in an engaging online event earlier this spring. The last five years have been critical for advancing research leading to an increased understanding of clinical approaches to working with children with mental health issues related to exposure to trauma. Research projects have also highlighted the importance of the therapeutic campus-based care environments provided at this agency.



Having published 21 Academic and Professional Journal Articles, five book chapters and 30 blog posts, we are thrilled with the amount of knowledge translation created for academics, clinicians and parents through the Chair.

Angelique has:

- Taught 12 courses
- Delivered 82 conference presentations/trainings attended by almost 9,000 participants
- Been the principal investigator on eight different research projects and was a co-investigator / collaborator on another 14.

These are just some of the ways this Chair has allowed Wood's Homes to expand its reach and connections with like-minded community-based researchers. Angelique has also:

- Benefitted from the Wood's Homes community by providing clinical consultation support for programs and staff
- Raised awareness about the power of data and potential for clinical research applications, having supervised more than 16 students involved with Wood's Homes projects.

The next five years will be focused on a new five-year research project to facilitate the creation of simulation-based learning materials specific to child mental health intervention. This Community Simulation Lab holds the promise of placing Wood's Homes at the forefront in Canada of training in SST and TIC approaches. Exciting times!



“I wish everybody could see our young clients the way I see them: **they’re flawed, but amazing.** Every kid I’ve worked with in the last 19 years has added something to my life.

“I pulled up to work this morning and one of my kids ran out of the building in his pyjamas and bare feet, for no other reason than he was delighted to see me. This is a kid who has been hurt — **he doesn’t trust but he trusts me.**

That’s a responsibility, one we carry every day. We’re helping to rewrite the story for everyone who comes through our doors, whether they’re five or 25.

“Children are the most resilient beings on the face of the earth. They can experience such big events in their life and they can still laugh, love and connect.

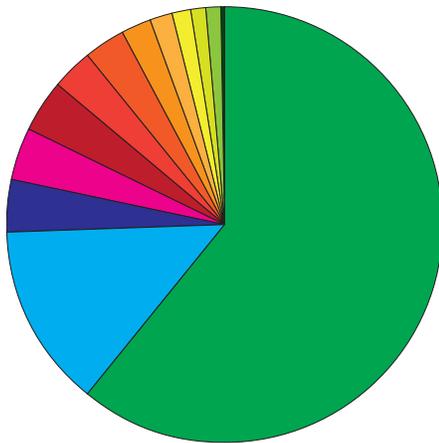
**They are worth redemption.
They are worth fighting for.”**

- Program Manager

FINANCIALS

Wood’s Homes operations and capital spending are financed in a number of different ways. We receive government funding, operating grants, fee-for-service arrangements, fundraising activities and donations. Detailed financial reports are available at woodshomes.ca

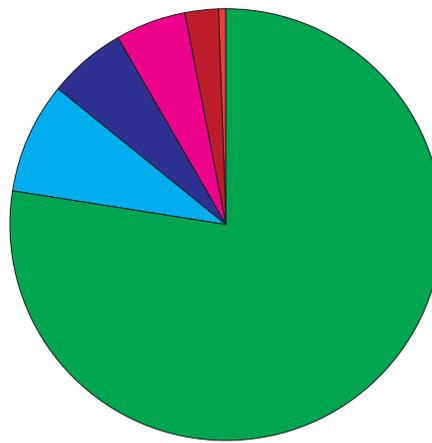
APRIL 1, 2021 - MARCH 31, 2022



EXTERNAL FUNDING: \$38.5M

Alberta Children Services	\$23.4M
Alberta Health Services	\$5.2M
Ministry of Health	\$1.5M
Fee-for-Service	\$1.5M
Other	\$1.5M
School Boards	\$1.2M
PDD	\$1.2M
Wood’s Homes Foundation	\$0.8M
FCSS - City of Calgary	\$0.7M
Calgary Homeless Foundation	\$0.5M
United Way	\$0.4M
City of Lethbridge	\$0.4M
Alberta Community Fund	\$0.1M

TOTAL: \$38.5M



EXPENSES: \$37.6M

Salaries and Benefits	\$29.3M
Direct Client	\$3.1M
Facility	\$2.2M
Administrative	\$2M
Amortization	\$0.9M
Interest Expense	\$0.2M

TOTAL: \$38.5M



2022 MARKS 108 YEARS OF SERVICE TO THE COMMUNITY

OUR MISSION, VISION, & VALUES



COMMITMENT

An unwavering persistence even in the most difficult situations, guided by a call to service and expectations of excellence.



RESPONSIBILITY

Combining the courage to be accountable with the power of vulnerability and forgiveness.



RESPECT

An appreciation of differences and cultural diversity a belief in the inherent good of each and every individual.



BELONGING

Acceptance and encouragement of the basic human need to be connected with others and the development of a collective and inclusive organizational culture.



LEADERSHIP

Strive for excellence, work with others and lead by example.



TRUSTWORTHINESS

Tell the truth with compassion; be honest, open and dependable.

OUR MISSION

—
We create and provide quality mental health services that promote and restore the well-being of children and families who struggle with problems big and small.

OUR VISION

—
A world that values and nurtures the mental health of all people and when needed, ensures quality, timely help for all.

OUR VALUES

—
Wood's Homes values human beings and the place they occupy in the world at any given moment. In doing so, we uphold the following principles (at left). We are guided by them in all of our moment-by-moment interactions (see left).

THANK YOU TO OUR VOLUNTEER BOARDS OF DIRECTORS



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